



Buddhist Council of NSW

Buddhist Special Religious Education Information for families

Every time I see a child I think about the world we will leave behind for that child.

Zen Master Thich Nhat Hanh

Religion classes for your child

Each child in public school in NSW has the opportunity to attend weekly classes in a program known as Special Religious Education (SRE).

Equipping children with life skills

Buddhist practices and values can improve the lives of all people young and old. Buddhism equips children with skills to navigate difficulties in their lives and teaches them how to cultivate positive feelings.

Committed and skilled Buddhist teachers

Teachers are volunteers from the Buddhist community, and are trained and authorised annually by the Buddhist Council of NSW. They are deeply committed to teaching SRE in a skillful way.

Teachers must have a verified Working With Children Check, complete Child Protection Awareness Training and abide by the Buddhist Council's Code of Conduct.

How do I choose Buddhist SRE?

As a parent or carer you can enrol your child in SRE by selecting your choice during online enrolment or submitting a paper participation letter.

Learning to live happily

Lessons are age appropriate and based on an authorised curriculum.

Children will learn how to:

- Meditate
- Cultivate joyful feelings
- Take care of difficult emotions
- Be kind and caring towards themselves and others
- Have fun!

Learn more

Phone (02) 9966 8893

Email education@buddhistcouncil.org

Website buddhistcouncil.org/sre-program

The Buddhist Council represents over 100 Buddhist member organisations and is an approved provider of Buddhist SRE.