



# CANTEEN MENU



## SNACKS

### HOT FOOD

✓ Pies	\$4.50
✓ Sausage Roll	\$4.00
✓ ✓ Spinach & Fetta Roll	\$4.00
✓ ✓ Garlic Bread	\$2.50

### TOASTIES

✓ ✓ Cheese	\$3.00
✓ Ham & Cheese	\$3.00
✓ Ham/Cheese/Tomato (order only)	\$3.50
✓ ✓ Tomato & Cheese (order only)	\$3.00

### SANDWICHES

✓ Vegemite (order only)	\$2.00
✓ Honey (order only)	\$2.00
✓ ✓ Cheese & Tomato (order only)	\$3.50
✓ Ham, Cheese & Tomato (order only)	\$4.00
✓ ✓ Cheese & Salad	\$5.00
✓ Chicken, Cheese & Salad	\$5.50
✓ Ham & Pickles (order only)	\$5.00
✓ ✓ Egg & Lettuce (order only)	\$5.00

### WRAPS

✓ Chicken, Lettuce & Mayo	\$6.00
✓ Chicken Caesar	\$6.00
✓ Ham & Salad (order only)	\$5.50
✓ ✓ Salad (order only)	\$5.00
✓ ✓ Cheese & Salad (order only)	\$5.50

### SALADS

✓ Meditteranean	\$6.00
✓ Caesar	\$6.00
✓ ✓ Mexican	\$6.00
✓ ✓ Roast Veg	\$6.00
✓ ✓ Fruit Salad	\$4.00

### BREAK 2 ITEMS

✓ Ham + Cheese Turkish	\$5.00
✓ Chicken, Cheese + Avo Turkish	\$5.00
✓ ✓ ✓ GF Vegetarian Lasagne	\$5.00
✓ ✓ Macaroni Cheese	\$4.50
✓ ✓ ✓ GF Macaroni Cheese (order only)	\$5.00
✓ Chicken Goujon Cups - <b>TUESDAY ONLY</b>	\$3.00
✓ Chicken Burgers - <b>THURSDAY ONLY</b>	\$5.00
✓ Chicken Nibbles	4 for \$3.00
✓ Marinated Chicken Pieces	\$3.50
Pasta Container	
✓ • Bolognaise	\$4.00
✓ • Carbonara	\$4.00

✓ ✓ Granola Cups	\$3.50
✓ Custard Cups	\$1.50
✓ Chocolate Custard	\$1.50
✓ Watermelon Cup	\$3.00
✓ Cheese + Crackers	\$3.00
✓ Piece of seasonal fruit	\$1.00
✓ Chips	\$1.50
✓ Muffin	\$2.50
✓ Homemade Cookie	\$1.00
✓ Banana Bread (GF on request)	\$2.50
✓ Pikelets	2 for \$1.50

### DRINKS

✓ Water Bottle	\$2.50
✓ 500ml Flavoured Milk	\$4.00
✓ 300ml Flavoured Milk	\$3.00
✓ 200ml Juices	\$2.50
✓ Waterfords Flavoured Water	\$3.00
✓ Glee Sparkling Juice	\$2.50
✓ Iced Tea Varieties - Sugar Free	\$4.00
✓ Up & Go - Chocolate	\$2.50
✓ Up & Go - Vanilla	\$2.50
✓ Up & Go - Strawberry	\$2.50
✓ Up & Go - Banana	\$2.50

### FROM THE FREEZER

✓ Twisted Frozen Yoghurt	\$2.00
✓ Moosies	\$1.50
✓ Paddlepops	\$2.50
✓ Zooper Dooper	\$1.00

### Menu Legend

✓ Everyday Choices	✓ Gluten Free
✓ Occasional Choices	✓ Vegetarian

**Order through Flexischools to avoid missing out**