

ULLADULLA HIGH SCHOOL
ATHLETIC RECORDS 2021

RECORDS - BOYS

100 Metres

12 Years	G. Waters	13.60	1981
13 Years	A. Austin	12.50	1975
14 Years	S. Richardson	12.25	1995
15 Years	A. Pratt	11.32	1984
	M. Austin		
16 Years	C. Kendall	11.20	1976
	S. Coleman	11.20	1977
17 Years	S. Coleman	10.84	1978

200 Metres

12 Years	G. Waters	28.50	1981
13 Years	A. Creech	26.30	1981
14 Years	P. Kerma	24.81	1977
15 Years	M. Austin	22.48	1977
16 Years	S. Coleman	22.38	1977
17 Years	S. Richardson	22.25	1999

400 Metres

12 Years	D. Morgan	1.08.40	1992
13 Years	P. Howcroft	1.00.90	2000
14 Years	O. Bates	1.00.70	2000
15 Years	A. Carriage	55.70	1979
16 Years	P. Howcroft	54.89	2003
17 Years	M. Austin	54.00	1979

800 Metres

12 Years	G. Dixon	2.37.50	1979
13 Years	W. Gordon	2.23.20	1979
14 Years	D. O'Sullivan	2.18.80	1981
15 Years	C. Kendall	2.17.10	1975
16 Years	S. Spence	2.12.00	1977
17 Years	G. Frank	2.09.03	2014

1500 Metres

12 Years	M. Korvin	5.39.79	2003
13 Years	T. Wooden	4.59.00	2013
14 Years	S. Jenkin	4.54.91	1985
15 Years	G. Frank	4.47.84	2012
16 Years	H. Schaap	4.35.93	2018
17 Years	H. Schaap	4.29.82	2019

3000 Metres

Junior	J. Frank	10.05.66	2013
Open	G. Frank	9.35.15	2015

5000 Metres

Open	D. Klenka	18.18.82	1990
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1500 Metres Walk

Open	M. McMahon	9.20.88	1986
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Hurdles (9 flights x 100m)

12 Years	D. Morgan	17.84	1992
13 Years	S. Richardson	15.59	1994
14 Years	S. Richardson	13.26	1995
15 Years	J. Dale	15.28	2000
16 Years	J. Dale	15.30	2001
17 Years	R. Hibberd	15.05	1990

4 x 100 Metres Relay

12 Years	Kunara	1.02.22	1996
13 Years	Akama	54.94	1976
14 Years	Umpara	52.50	1995
15 Years	Akama	48.78	1976
16 Years	Kunara	48.01	1979
17 Years	Akama	47.25	1976

Long Jump

12 Years	M. Graham	4.65m	1993
13 Years	A. Austin	5.30m	1975
	J. Tonkin	5.30m	1993
14 Years	M. Wellman	5.50m	1975
15 Years	C. Kendall	5.68m	1975
16 Years	M. Bird	5.95m	1979
17 Years	C. Kendall	6.01m	1977

High Jump

12 Years	A. Tonkin	1.46m	1992
	G. Frank	1.46m	2009
13 Years	M. Gillies	1.57m	2013
14 Years	S. Donovan	1.65m	1992
15 Years	J. Sheppard	1.73m	2016
16 Years	J. Sheppard	1.76	2017
17 Years	M. Paine	1.76m	2000

Triple Jump

12 Years	T. Ryan	8.30m	2003
13 Years	J. Turner	9.60m	2000
14 Years	M. Geelan	10.21m	2000
15 Years	G. Yates	11.30m	1977
16 Years	S. King	11.95m	1990
17 Years	P. Coleman	12.35m	1977

Discus

12 Years	C. McDonald	20.17m	2005
13 Years	W. Robinson	24.70m	1976
14 Years	M. Hyam	35.62m	1992
15 Years	K. Lampe	36.50m	2001
16 Years	S. Coleman	32.50m	1977
17 Years	K. Lampe	35.50m	2003

Shot Put

12 Years	J. Shepherd	10.34m	1984
13 Years	M. Puglisi	11.73m	1977
14 Years	I. Malligan	12.86m	1992
15 Years	S. Costa	15.49m	1977
16 Years	A. Beer	13.94m	1976
17 Years	R. Thomson	14.50m	1979

Javelin

12 Years	M. Hyam	21.60m	1990
13 Years	G. Murray	33.60m	1975
14 Years	S. Douglas	35.67m	1979
15 Years	K. Lampe	37.82m	2001
16 Years	T. Cooper	49.40m	2009
17 Years	T. Cooper	48.65m	2011

RECORDS - GIRLS

100 Metres

12 Years	T. Montgomery	13.28	2000
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13 Years	M. Coupe	12.30	1980
14 Years	D. Roach	13.20	1979
15 Years	L. Percival	13.12	2019
16 Years	K. Taylor	13.20	1976
17 Years	K. Taylor	13.40	1977
<u>200 Metres</u>			
12 Years	C. McMahon	28.96	1977
13 Years	L. Percival	26.97	2017
14 Years	E. Jennings	28.60	2000
15 Years	L. Percival	27.75	2019
16 Years	M. Howard	28.25	2012
17 Years	K. Taylor	27.83	1977
<u>400 Metres</u>			
12 Years	J. Nixon	1.09.75	2000
13 Years	C. Pheaney	1.08.31	2017
14 Years	K. Storey	1.07.30	1978
15 Years	L. Johnston	1.06.20	2000
16 Years	K. Kalemusic	1.03.50	2013
17 Years	K. Kalemusic	1.02.30	2014
<u>800 Metres</u>			
12 Years	O. Greenhalgh	2.45.60	2018
13 Years	L. Castelli	2.32.70	1980
14 Years	L. Castelli	2.29.70	1981
15 Years	K. Kalemusic	2.37.37	2012
16 Years	K. Kalemusic	2.31.97	2013
17 Years	K. Kalemusic	2.28.87	2014
<u>1500 Metres</u>			
12 Years	O. Greenhalgh	5.39.52	2018
13 Years	O. Greenhalgh	5.23.25	2019
14 Years	L. Winward	5.23.25	2019
15 Years	L. Boland	5.41.25	2014
16 Years	R. Lobb	5.58.89	2005
17 Years	K. McGuire	5.40.07	1985
<u>3000 Metres</u>			
Junior	C. Pheaney	11.15.01	2017
Open	S. Kalemusic	11.34.31	2013
<u>800 Metre Walk</u>			
Junior	L. Gregory	4.11.80	1981
<u>1500 Metres Walk</u>			
Open	M. Barclay	9.24.44	1985
<u>Hurdles (9 flights x 100m)</u>			
12 Years	L. Ewers	18.72	2001
13 Years	A. Ewers	17.57	1998
14 Years	A. Ewers	17.77	1999
15 Years	G. Mulvey	17.85	1999
16 Years	C. Fondacaro	18.00	1993
17 Years	S. Roach	19.27	1992
<u>4 x 100 Metres Relay</u>			
12 Years	Gundjari	1.00.10	1998
13 Years	Akama	55.62	1980
14 Years	Akama	54.50	1981
15 Years	Kunara	56.03	1977
16 Years	Gundjari	57.66	1977
17 Years	Daringyan	53.34	2016
<u>Long Jump</u>			
12 Years	C. McMahon	4.41m	1983

13 Years	L. McDuff	4.59m	1990
14 Years	L. Castelli	4.58m	1981
15 Years	M. Kempster	4.86m	1983
16 Years	J. Coleman	4.81m	1978
17 Years	N. Hood	5.06m	1993

High Jump

12 Years	X. Pheaney	1.39m	2016
13 Years	R. White	1.43m	1980
14 Years	R. White	1.47m	1981
15 Years	B. Holland	1.48m	2016
16 Years	A. Ewers	1.54m	2001
17 Years	H. Kastelein	1.55m	2019

Triple Jump

12 Years	T. Montgomery	8.90m	2000
13 Years	G. Smith	8.81m	2000
14 Years	M. Howard	9.25m	2000
	T. Love	9.25m	2011
15 Years	T. Love	9.48m	2012
16 Years	T. Love	9.94m	2013
17 Years	T. Love	10.00m	2014

Discus

12 Years	B. Mayor	19.07m	2019
13 Years	K. Hennessey	22.28m	2003
14 Years	B. Pye	22.80m	1983
15 Years	E. McMahon	24.40m	1982
16 Years	M. Hendrie	30.50m	2000
17 Years	M. Hendrie	28.20m	2001

Shot Put

12 Years	H. Brook	9.20m	1984
13 Years	J. Backhouse	10.30m	1987
14 Years	A. Wilton	11.26m	1984
15 Years	E. McMahon	12.22m	1982
16 Years	H. Galloway	11.51m	1984
17 Years	E. McMahon	11.26m	1984

Javelin

12 Years	C. Tyquin	15.78m	1993
13 Years	K. Hepper	20.65m	1976
14 Years	M. Smith	23.93m	1993
15 Years	H. Nicholls	23.55m	1977
16 Years	M. Hendrie	38.03m	2000
17 Years	M. Hendrie	36.88m	2001